



SOLEUTIONS™

GROWING YOUR PRACTICE. FROM THE GROUND UP.

MARCH 18TH TO 21ST, 2026

Hilton Nashville, Green Hills Tennessee

WEDNESDAY, MARCH 18TH

6:30-8:00 PM Registration & Cocktails with Exhibitors

THURSDAY, MARCH 19TH

8:00-9:00 AM Registration & Breakfast with Industry Partners
9:00-9:20 AM Welcome - A New Approach to Healing Patients
9:20-9:45 AM Regenerative Podiatry - Time to Truly Modernize Your Treatment Regimen
9:45-10:00 AM Mindset Upgrade: "What's the best treatment for this patient?" - not "What is covered by their insurance?"

IMPORTANCE OF A SHOW-AND-TELL DIAGNOSIS

10:10-10:30 AM The Essential Diagnostic Toolkit: How to accurately diagnose, demonstrate pathology to patients, and monitor healing
10:30-11:00 AM Break with Industry Partners
11:00-11:30 AM Maximizing Ultrasonic Imaging
11:30-12:00 PM Dynamic Foot and Ankle Imaging
12:00-12:30 PM Lunch with Industry Partners
12:30-1:30 PM Diagnostic Workshop - Ultrasound and Fluoroscopy

LET THE TISSUE HEALING BEGIN

1:30-2:00 PM Essential Science of Regenerative Podiatric Therapies: How regenerative therapies stimulate healing, reduce inflammation, and repair tissue
2:00-2:30 PM Choosing Your Regenerative Starting Point: Stem cells, PRP, amniotic products, shockwave, lasers, peptides & adjunct modalities
2:30-3:00 PM Stem Cells Therapy - Patient Selection Criteria & Contra-Indications
3:00-3:30 PM Amniotic and other biologic products
3:30-3:40 PM Late Afternoon Mini-Break
3:40-3:50 PM ShockWave - Radial or Pulse, Protocols, & Clinical Pearls
4:00-5:00 PM SoftWave Workshop

FRIDAY, MARCH 20TH

9:00-9:30 AM Breakfast with Industry Partners
9:30-10:00 AM The Science of Laser Healing: LLLT vs. high-power Class IV lasers
10:00-10:20 AM Setting Up Laser Therapy in your practice for maximum success
10:20-10:45 AM Developing Effective Patient Protocols for Laser Therapy
10:45-11:15 AM How to Present Laser Therapy to Patients and Get a YES
11:15-12:00 PM Laser Therapy Workshop
12:00-12:30 PM Lunch with Industry Partners
12:30-1:15 PM Incorporating Peptides in Your Regenerative Practice
1:15-1:30 PM Understanding the Regulatory Constraints
1:30-2:00 PM Key Peptides Relevant to Podiatric Pathologies
2:00-2:30 PM Patient Safety & Contraindications -Peptide Informed Consent
2:30-3:00 PM Break with Industry Partners
3:00-3:45 PM 3 P's of Peptides: Pricing, Packaging & Patient Acceptance
3:45-4:00 PM IV Therapy in the Podiatry - it makes a lot of "cents"
4:00-5:00 PM Peptide Workshop - Hands-on demonstration & protocol building

SATURDAY, MARCH 21ST

9:00-9:30 AM Breakfast with Industry Partners
9:30-9:50 AM Oral Supplementation – Targeting inflammation, nerve health, collagen, recovery - post-surgical.
9:50-10:20 AM Red Light Therapy: Benefits & Why It's a Must-have
10:20-10:45 PM Nerve Modulation for Neuropathy: Protocols, devices, & patient selection
10:45-11:00 PM Break
11:15-11:30 PM Treatment Acceptance Tracker: Measuring conversions, compliance & outcomes
11:30-12:00 PM Out-of-Network Billing: The wait is worth the return
12:00-12:45 PM Marketing Strategies That Attract Self-Funded Podiatric Patients
12:45-1:00 PM Closing Thoughts and Wrap