



# SOLEUTIONS™

GROWING YOUR PRACTICE. FROM THE GROUND UP.

## MARCH 18<sup>TH</sup> TO 21<sup>ST</sup>, 2026

### Hilton Nashville, Green Hills Tennessee

#### WEDNESDAY, MARCH 18<sup>TH</sup>

6:30-8:00 PM      Registration & Cocktails with Exhibitors

#### THURSDAY, MARCH 19<sup>TH</sup>

8:00-9:00 AM      Registration & Breakfast with Industry Partners  
9:00-9:20 AM      Welcome - A New Approach to Healing Patients  
9:20-9:45 AM      Regenerative Podiatry - Time to Truly Modernize Your Treatment Regimen  
9:45-10:00 AM      Mindset Upgrade: "What's the best treatment for this patient?" - not "What is covered by their insurance?"

#### IMPORTANCE OF A SHOW-AND-TELL DIAGNOSIS

10:10-10:30 AM      The Essential Diagnostic Toolkit: How to accurately diagnose, demonstrate pathology to patients, and monitor healing  
10:30-11:00 AM      Break with Industry Partners  
11:00-11:30 AM      Maximizing Ultrasonic Imaging  
11:30-12:00 PM      Dynamic Foot and Ankle Imaging  
12:00-12:30 PM      Lunch with Industry Partners  
12:30-1:30 PM      Diagnostic Workshop - Ultrasound and Fluoroscopy

#### LET THE TISSUE HEALING BEGIN

1:30-2:00 PM      Essential Science of Regenerative Podiatric Therapies: How regenerative therapies stimulate healing, reduce inflammation, and repair tissue  
2:00-2:30 PM      Choosing Your Regenerative Starting Point: Stem cells, PRP, amniotic products, shockwave, lasers, peptides & adjunct modalities  
2:30-3:00 PM      Stem Cells Therapy - Patient Selection Criteria & Contra-Indications  
3:00-3:30 PM      Amniotic and other biologic products  
3:30-3:40 PM      Late Afternoon Mini-Break  
3:40-3:50 PM      ShockWave - Radial or Pulse, Protocols, & Clinical Pearls  
4:00-5:00 PM      SoftWave Workshop

#### FRIDAY, MARCH 20<sup>TH</sup>

9:00-9:30 AM      Breakfast with Industry Partners  
9:30-10:00 AM      The Science of Laser Healing: LLLT vs. high-power Class IV lasers  
10:00-10:20 AM      Setting Up Laser Therapy in your practice for maximum success  
10:20-10:45 AM      Developing Effective Patient Protocols for Laser Therapy  
10:45-11:15 AM      How to Present Laser Therapy to Patients and Get a YES  
11:15-12:00 PM      Laser Therapy Workshop  
12:00-12:30 PM      Lunch with Industry Partners  
12:30-1:15 PM      Incorporating Peptides in Your Regenerative Practice  
1:15-1:30 PM      Understanding the Regulatory Constraints  
1:30-2:00 PM      Key Peptides Relevant to Podiatric Pathologies  
2:00-2:30 PM      Patient Safety & Contraindications -Peptide Informed Consent  
2:30-3:00 PM      Break with Industry Partners  
3:00-3:45 PM      3 P's of Peptides: Pricing, Packaging & Patient Acceptance  
3:45-4:00 PM      IV Therapy in the Podiatry - it makes a lot of "cents"  
4:00-5:00 PM      Peptide Workshop – Hands-on demonstration & protocol building

#### SATURDAY, MARCH 21<sup>ST</sup>

9:00-9:30 AM      Breakfast with Industry Partners  
9:30-9:50 AM      Oral Supplementation – Targeting inflammation, nerve health, collagen, recovery - post-surgical.  
9:50-10:20 AM      Red Light Therapy: Benefits & Why It's a Must-have  
10:20-10:45 PM      Nerve Modulation for Neuropathy: Protocols, devices, & patient selection  
10:45-11:00 PM      Break  
11:15-11:30 PM      Treatment Acceptance Tracker: Measuring conversions, compliance & outcomes  
11:30-12:00 PM      Out-of-Network Billing: The wait is worth the return  
12:00-12:45 PM      Marketing Strategies That Attract Self-Funded Podiatric Patients  
12:45-1:00 PM      Closing Thoughts and Wrap